

# Department of Health Services - Mental Health Division

## Summary of Programs and Services



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*Mental Health Division*

*Sonoma County Department of Health Services*

# Sonoma County Department of Health Services

## **Mental Health Division - Mission**

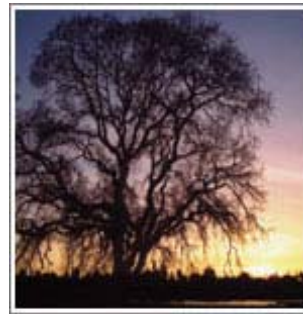
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The role of the Mental Health Division is to promote the recovery and wellness of target populations through specialty mental health services, advocacy and education. Services are provided in partnerships with clients, families, other agencies and community providers.

## **Mental Health Division - Model of Caring**

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The Sonoma County Mental Health Division provides services for County residents experiencing mental illness and/or serious emotional disturbance through an array of County-operated and contracted programs, ranging from case management to inpatient services. Consistent with the basic tenet of the Mental Health Services Act, the Mental Health Division provides a “recovery-based” model of caring. Services focus on establishing increased treatment partnerships with clients and families, providing community-based outreach programs that strive to reach clients in their home, under bridges, in homeless shelters and on the streets, and empowers clients to become fully participatory in the local community. Services are community-based, effective, culturally competent, respectful and compassionate. Services are provided regardless of ability to pay, within available resources.



## **Mental Health Division - Programs and Services**

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The Sonoma County Mental Health Division provides a broad range of programs and services to the community. Each year the Mental Health Division and its contracted providers serve approximately 9,000 Sonoma County residents, including 1,300 children. The following provides a summary of the programs and services provided by the Sonoma County Mental Health Division:

### ***24-Hour/Inpatient Services:*** (707-576-8181)

- **Psychiatric Emergency Services** - provides services to individuals experiencing a mental health related crisis on a 24 hour, 7 day per week basis. Staff provide crisis intervention, medication, assessment and referral services.
- **Crisis Stabilization Services** - provides individuals in an acute mental health crisis to spend up to 23 hours receiving supportive care and/or medications. The unit includes beds, showers and meals. For those needed a higher level of care, crisis residential and/or acute inpatient services can be arranged.

- **Crisis Residential Services** – provides around-the-clock treatment for acutely ill clients in a community residential setting as opposed to the traditional health care facility.
- **Referral to Inpatient Mental Health Facilities** – when indicated the Mental Health Division will refer clients to existing community inpatient mental health facilities (e.g. St. Helena, Solano Telecare)

### *Adult Outpatient Services:*

- **Community Intervention Program** – in collaboration with community-based organizations provides services to the mental health clients at homeless service sites and Federally Qualified Health Centers.
- **Transitional Age Youth Intensive Team** – intensive mental health services for individuals age 18-25 including intensive case management and housing assistance.
- **Access Team** – provides a single point of entry for mental health clients through referral to Medi-Cal private providers, community health centers, or a County mental health program.
- **Adult Teams** – serves serious persistently mentally ill adults in need of evaluation, individual and group therapy, medication treatment, residential care, case management, and recovery-based services & support.
- **Older Adult Team** – provides consultation to numerous local skilled nursing facilities; crisis response and intensive follow-up to assist seniors experiencing serious emotional upheaval and case management services to disabled seniors.
- **Adult Community Health Centers** – provides mental health services to serious persistently mentally ill adults in four community-based health centers located in Petaluma, Guerneville, Cloverdale and Sonoma.
- **Homeless Team** – support program for homeless adults with serious and persistent mental illness.
- **SonomaWorks** – provides outpatient mental health services for adults referred by Human Services as part of a welfare back-to-work program.
- **Telecare Sonoma ACT** – provides 24-hour per day, seven-day per week support services to clients to enable them to live in and become productive members of the community.

### *Youth and Family Services:*

- **Family Advocacy Support and Treatment Team** – Wrap around services for Children 5 - 12 yrs old. Provides eligible children with a family-centered, strength-based, treatment approach.
- **Intensive Enrollee Based Services for Youth** – Full range of mental health services including intensive case management for children & youth with serious emotional disturbances. Services also include psychiatric evaluation and medication monitoring.
- **Los Guilicos Juvenile Hall** – Mental Health assessment; crisis intervention and stabilization; psychiatric evaluation and medication monitoring for confined adolescents.
- **Sierra Youth Camp** – Provides step mental health services to girls released from the Los Guilicos Juvenile Hall.
- **Valley of the Moon Children’s Home** – Crisis intervention and stabilization; psychiatric evaluation; medication monitoring; mental health assessment.

- **Redwood Children’s Center** – Participates in a multi-agency disciplinary team that provides sexual assault investigation services to children.
- **AB 3632** – School-based mental health services for students with serious disabilities to assist them in benefiting from their special education.
- **North Team and South Team** – Provides mental health services to emotionally disturbed youth, including evaluation, individual and group therapy, medication treatment, residential care, case management, and recovery-based services & support.

### *Forensic Services:*

- **Forensic Assertive Community Team (FACT) Project**- Services for mentally ill offenders. Serves individuals coming directly from the jail through a mental health court.
- **Conditional Release Program** – Provides community-based services to conditionally released offenders under supervision of the courts.
- **Detention Facilities Mental Health Services Program** – Jail mental health services at Main Adult Detention Facility and North County Detention Facility with focus on suicide prevention and treatment to seriously mentally ill inmates.
- **PC 1370 Program** – provide mental health services to inmates deemed to be incompetent to stand trial to bring them to competency.

### *Consumer Services*

- Consumer-operated programs that provide a meeting place, job counseling, peer support and other resources for all mental health clients. Programs include the **Wellness and Advocacy Center** located in Santa Rosa, the **Empowerment Center** located in Guerneville and the **Interlink Self-Help Center**.

### **Mental Health Division - Additional Information**

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For more information on the Mental Health Division’s program and services please visit the Department of Health Services website at <http://www.sonoma-county.org/health/> or contact us directly at (707) 565-4850.